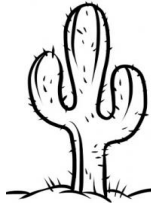


# MEXICAN FIRE GARDEN

# VEGAN MENU



Please note: only salsa is served with vegan food.



## starters



### Muchos Nachos

£6.40

A warm tortilla chips smothered in vegan cheese and served with fresh salsa and jalapeños.

### Quesadillas

£5.90

Two wheat tortillas, filled with vegan cheese and toasted on our griddle with your choice of:  
- Calabacitas (tomatoes, onion, garlic, courgette, sweetcorn) or  
- Refried beans

### Share Nachos

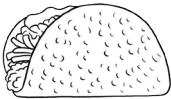
£10.50

Served the same as our muchos nachos but slightly larger, with the addition of refried black beans.

### Fresh Guacamole

£6.50

Made to order guacamole with avocado, red onion, chilli, garlic and tomatoes, served with a dish of tortilla chips.



## main courses



### Enchilladas - Baked and Soft

£16.50

A large flour tortilla rolled with vegetable spicy ratatouille, baked in our oven and topped with vegan cheese and salsa on the side.  
Served with Mexican rice and citrus dressed salad.

### Muchos Burrito

£18.00

A large flour tortilla filled with mixed salad leaves, refried black beans, vegan cheese and your choice of one of the following:  
- Calabacitas (onion, courgette, tomato, garlic, sweetcorn) or  
- Vegetable spicy ratatouille  
Served with Mexican rice & salsa.

### Chimichangas - Deep Fried & Crispy

£17.00

A large flour tortilla with vegetable spicy ratatouille, vegan cheese and refried beans parcelled together and deep fried. Topped with salsa, served with Mexican rice and citrus dressed salad.

### Sizzling Vegan Fajitas

£18.00

Cajun and garlic seasoned flash fried courgettes, bell peppers, onions and mushrooms.  
All served with warm, soft tortillas, salsa and vegan cheese.

### Burrito Bowl

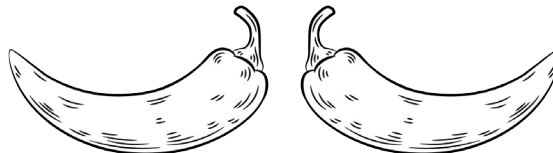
£18.00

A plate filled with rice, citrus dressed salad, pico the gallo, refried black beans, jalapeños, corriander, salsa and a wedge of lime with your choice of the following:  
- Calabacitas (onion, courgette, tomato, garlic, sweetcorn) or  
- Vegetable spicy ratatouille

### Vegan El Stacko

£18.50

A mexican style lasagne containing vegetable spicy ratatouille, calabacitas (courgette), layered between soft tortillas, topped with refried beans and vegan cheese, served with sweet potato fries and citrus dressed salad.



## on the side

Refried black beans

£3.50

Dressed side salad

£4.00

Jalapeños / Salsa

£1.30

Mexican rice

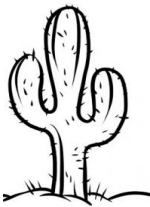
£3.50

Fresh guacamole

£4.00

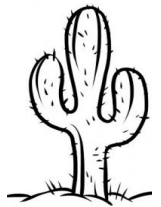
Mango salsa

£3.50



## MEXICAN FIRE GARDEN

# GLUTEN FREE MENU



### starters



#### Mixed Olives v

£5.50

A dish of mixed olives with red onions, peppers, garlic, coriander, rosemary oil and herbs.

#### Muchos Nachos v

£6.40

Warm tortilla chips smothered in melting cheese and served with pots of sour cream, guacamole, salsa and jalapeños.

#### Share Nachos v

£10.50

Served same as muchos nachos but slightly larger, with the addition of refried black beans.

#### Ultimate Nachos v

£11.40

As above but for two people with the addition of:  
- Chilli beef or  
- Vegetarian spicy ratatouille

#### Quesadillas

£5.90

A soft gluten free tortilla toasted on our griddle with your choice of:  
- Calabacitas & cheese (courgette, onion, garlic, tomato, sweetcorn) or  
- Pulled chipotle chicken & cheese  
Served with sour cream.

#### Tostadas

A crispy corn tortilla topped with refried beans, cheese, crunchy salad leaves, sour cream, jalapeños and pico de gallo with your choice of:

- Calabacitas (sliced courgettes, onion, garlic, tomato, sweetcorn) or **£6.30**

- Chipotle pulled chicken **£6.30**

#### Fresh Guacamole and Tortilla Chips

£6.50

Made to order guacamole, with avocado, red onion, chilli, garlic and tomatoes, served with a dish of tortilla chips.

#### Chilaquiles

£7.50

Crushed tortilla chips pan fried with salsa, cheese and your choice of:  
- Chipotle pulled chicken or  
- Calabacitas (sliced courgettes, onion, garlic, tomato, sweetcorn)  
Served with sour cream.

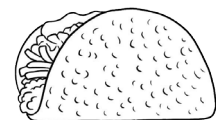
#### Pico de Gallo Salad

£7.50

Mixed crunchy leaves tossed with pico de gallo, citrus dressing, jalapeño and your choice of:  
- Avocado chunks or  
- Spicy grilled chicken strips



### main courses



#### Enchilladas - Baked and Soft

£16.50

A large gluten free tortilla with your choice of:  
- Chilli beef or - Vegetarian spicy ratatouille  
Baked in our oven and topped with cheese and sour cream.  
Served with Mexican rice and citrus dressed salad.

#### Sizzling Fajitas

Marinated and flash fried with bell peppers, onion and garlic.  
All served sizzling on a cast iron skillet with warm soft gluten free tortillas, salsa, guacamole, sour cream dips and grated cheese.  
Choose from:

- Steak **£18.00**
- Steak and halloumi **£19.50**
- Steak and chicken combination **£19.50**
- Chicken **£17.50**
- Chicken & halloumi **£19.50**
- Chicken & mediterranean sucuk **£18.00**
- Vegetarian halloumi and courgette v **£18.00**

#### Cajun Chicken

£18.50

Cajun seasoned and marinated chicken pieces, grilled and then baked in our oven, served with a creamy wholegrain mustard sauce, Mexican rice & citrus dressed salad.

#### Arroz con Pollo

£18.50

Tender chicken pieces with mediterranean sucuk, mushrooms, onions, celery, peppers, cream and rice. Finished under the grill with mozzarella and served with citrus dressed salad.

#### Mexican Fire Garden Jambalaya

£18.50

Cajun style paella. A classic rice dish with onions, peppers, tender chicken, mediterranean sucuk, white fish and prawns.  
Topped with melting cheese. Served with citrus dressed salad.

#### Burrito Bowl

£18.00

A plate filled with rice, citrus dressed salad, pico de gallo, black beans, jalapeños, coriander, sour cream and a wedge of lime, with your choice of filling:  
- Chilli beef, - Chipotle pulled chicken and fresh avocado or  
- Halloumi with calabacitas  
(courgettes, onions, tomatoes, sweetcorn, garlic).

#### Vegetarian Taco

£18.00

Soft, gluten free tortillas filled with:  
- Calabacitas or - Vegetarian spicy ratatouille  
Served with lightly fried halloumi chips, refried black beans, salsa, sour cream, guacamole and citrus dressed salad.

#### Mexican Fire Garden Tacos

£18.00

Soft, gluten free tortillas filled with:  
- Chilli beef or - Chipotle pulled chicken  
Served with refried black beans, cheese, salsa, sour cream, guacamole and citrus dressed salad.

#### Salmon a la Plancha

£18.00

Lime, mint and seasoning marinated salmon fillet, grilled and served alongside our Mexican rice, a fragrant mango salsa and citrus dressed salad.